

ATTRIBUTES OF THE COLORS ACCORDING TO DINSHAH

Excerpted from "Let There Be Light", Darius Dinshah, 1996

RED

(397.3) Lu.,Sp.,Kd.,Ht.

Stimulates sensory nervous system which energizes the senses: sight, hearing, taste, touch smell. Liver builder and stimulant

Builds platelets, hemoglobin, etc of the blood

Causes rapid expulsion of debris through the skin; may induce skin redness,

itching, pimples, until the internal cleansing is completed.

Counter-agent for burns from x-rays, ultra-violet, etc

ORANGE

(430.8) Kd.,Sp.,Sj.,Lu.

Lung builder and respiratory stimulant. Thyroid builder and stimulant.

Parathyroid depressant

Relieves cramps and muscle spasms

Stimulates mammary glands to increase milk production.

Stomach stimulant. Assists vomiting when stomach contains unsuitable matter.

Relieves flatulence or gas in digestive tract.

Bone builder; corrects bone softness rickets, by calcium effect. Tissue stimulant, decongestant.

YELLOW

(464.4) Lu.,Lv., Sp.

Stimulates the motor nervous system which energizes the muscles. Nerve builder for sensory and motor systems

Stimulates the lymphatic system. Mild tissue stimulant.

Stimulates the intestines, pancreas, and production of digestive fluids

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bile, hydrochloric acid, etc. Increases bowel movements.

Spleen depressant; equilibrators in melancholia. Expels worms and parasites.

LEMON

(497.9) Sp.,Kd.,Lu.,Sj.

Produces a favorable change in the processes of nutrition and repair in persistent disorders. Dissolves blood clots. Old contusions.

Promotes cough to expel mucous and fluids from the lungs and air passages.

Bone builder, by phosphorous effect. Brain stimulant

Thymus builder and stimulant.

Mildly stimulates digestive system.

GREEN

(531.5) Sp.,Sj.

Neutral in temperature. Acute infection, spider bites etc. Cerebral equilibrators. Physical equilibrators. Pituitary stimulant and equilibrators.

Stimulates the rebuilding of muscles and tissues.

Destroys micro-organisms, germs, bacteria, cleanses and prevents decay.

TURQUOISE

(565.0) Sp.,Kd.,Lu.,Ht.,Pc. Calming, Acute conditions.

Produces a favorable change in processes of nutrition and repair in recent

disorders. Brain depressant

Skin tonic. Rebuilds burned skin.

BLUE

(598.6) Sj.,Sp.,Lu., Inflammation and calms

Reduces itching and irritation of abrasions Encourages perspiration.

Mild sedative. Reduces or removes fever and inflammation. Pineal stimulant;

builds vitality.

INDIGO

(632.1) Sp

Pain and swelling, abscesses, bruises, astringent .hemorrhages

Parathyroid builder and stimulant. Thyroid depressant.

Respiratory depressant

Causes contractions, controls abscesses, lessens secretions, arrests discharges and hemorrhages. Promotes the production of phagocytes which destroy harmful micro-organisms, bacteria, germs, etc.

Mammary depressant, reduces milk production.

Eases suffering, lessens excitement and over activity.

VIOLET

(665.7) Anxiety

Spleen builder and stimulant.

Decreases muscular activity, including the heart muscles. Lymphatic gland

depressant Pancreas depressant Decreases activity of the nervous systems.

Promotes production of leukocytes, white blood cells.

PURPLE

(565.0) Kd., Hr., Lu., Sp. Purple is Neutral

Reduces fever, pain, slpeep, relaxation, dry cough, Builds Kd. And adrenals,

strengthens Ht. Kidney and adrenal depressant.

Decreases sensitivity to pain. Induces relaxation and sleep. Increase functional activity of the veins.

Lowers blood pressure by 3 effects: Dilates blood vessels, Reduces heart

rate, Decreases activity of the kidneys and adrenals.

Lowers body temperature.

Controls fever and high blood pressure in malaria and recurrent fevers.

Emotional and reproductive system depressant. Builds sex powers by decreasing sensitivity and desire when excessive.

Moderates blood pressure between heart and lungs. Controls lung hemorrhages;

some cases may respond better to Magenta or Scarlet, When in doubt, try purple first. The foregoing approach also applies to cases of

nonproductive

dry cough.

MAGENTA

(531.5) Kd., Ht.

Emotional equilibrator, auric builder.

Builds and equilibrates the functional activity of: Heart, Blood circulatory

system, Kidneys and adrenals, Reproductive system.

SCARLET

(497.9) Kd., Sj. Hot color stimulator Kidney and adrenal stimulant.

General stimulant. Increases functional activity of the arteries.

Raises blood pressure by 3 effects: Constricts the blood vessels, Increases

heart rate, Stimulates activity of the kidneys and adrenals.

Accelerates fetal expulsion at time of delivery. (Abortion)

Emotional stimulant. Builds sex powers by increasing sensitivity and desire

when deficient. Stimulates the reproductive system, and menstrual function.

*Note Sj. = is Endocrine Hormone System