ATTRIBUTES OF THE COLORS
ACCORDING TO DINSHAH

Excerpted from “Let There Be Light”, Darius Dinshah, 1996

RED
(397.3) Lu.,Sp.,Kd.,Ht.
Stimulates sensory nervous system which energizes the senses: sight, hearing, taste, touch smell. Liver builder and stimulant
Builds platelets, hemoglobin, etc of the blood
Causes rapid expulsion of debris through the skin; may induce skin redness, itching, pimples, until the internal cleansing is completed.
Counter-agent for burns from x-rays, ultra-violet, etc

ORANGE
Lung builder and respiratory stimulant. Thyroid builder and stimulant. Parathyroid depressant
Relieves cramps and muscle spasms
Stimulates mammary glands to increase milk production.
Stomach stimulant. Assists vomiting when stomach contains unsuitable matter.
Relieves flatulance or gas in digestive tract.
Bone builder; corrects bone softness rickets, by calcium effect. Tissue stimulant, decongestant.

YELLOW
(464.4) Lu.,Lv.,Sp.
Stimulates the motor nervous system which energizes the muscles. Nerve builder for sensory and motor systems
Stimulates the lymphatic system. Mild tissue stimulant.
Stimulates the intestines, pancreas, and production of digestive fluids - bile, hydrochloric acid, etc. Increases bowel movements.
Spleen depressant; equilibrator in melancholia. Expels worms and parasites.

LEMON
(497.9) Sp.,Kd.,Lu.,Sj.
Produces a favorable change in the processes of nutrition and repair in persistent disorders. Dissolves blood clots. Old contusions.
Promotes cough to expel mucous and fluids from the lungs and air passages.
Bone builder, by phosphorous effect. Brain stimulant
Thymus builder and stimulant.
Mildly stimulates digestive system.

GREEN
(531.5) Sp.,Sj.
Stimulates the rebuilding of muscles and tissues.
Destroys micro-organisms, germs, bacteria, cleanses and prevents decay.

**TURQUOISE**
Produces a favorable change in processes of nutrition and repair in recent disorders. Brain depressant
Skin tonic. Rebuilds burned skin.

**BLUE**
(598.6) Sj., Sp., Lu., Inflammation and calms
Reduces itching and irritation of abrasions. Encourages perspiration. Mild sedative. Reduces or removes fever and inflammation. Pineal stimulant;
builds vitality.

**INDIGO**
(632.1) Sp
Pain and swelling, abscesses, bruises, astringent hemorrhages
Parathyroid builder and stimulant. Thyroid depressant.
Respiratory depressant
Causes contractions, controls abscesses, lessens secretions, arrests discharges and hemorrhages. Promotes the production of phagocytes which destroy harmful micro-organisms, bacteria, germs, etc.
Mammary depressant, reduces milk production.
Eases suffering, lessens excitement and over activity.

**VIOLET**
(665.7) Anxiety
Spleen builder and stimulant.
Decreases muscular activity, including the heart muscles. Lymphatic gland depressant Pancreas depressant Decreases activity of the nervous systems.
Promotes production of leukocytes, white blood cells.

**PURPLE**
(565.0) Kd., Hr., Lu., Sp. Purple is Neutral
Reduces fever, pain, sleep, relaxation, dry cough, Builds Kd. And adrenals,
strengthens Ht. Kidney and adrenal depressant.
Decreases sensitivity to pain. Induces relaxation and sleep. Increase functional activity of the veins.
Lowers blood pressure by 3 effects: Dilates blood vessels, Reduces heart rate, Decreases activity of the kidneys and adrenals.
Lowers body temperature.
Controls fever and high blood pressure in malaria and recurrent fevers.
Emotional and reproductive system depressant. Builds sex powers by decreasing sensitivity and desire when excessive.
Modulates blood pressure between heart and lungs. Controls lung hemorrhages;
some cases may respond better to Magenta or Scarlet, When in doubt, try purple first. The foregoing approach also applies to cases of
nonproductive
dry cough.
MAGENTA
(531.5) Kd., Ht.
Emotional equilibrator, auric builder.
Builds and equilibrates the functional activity of: Heart, Blood
circulatory
system, Kidneys and adrenals, Reproductive system.
SCARLET
(497.9) Kd., Sj. Hot color stimulator Kidney and adrenal
stimulant.
General stimulant. Increases functional activity of the arteries.
 Raises blood pressure by 3 effects: Constricts the blood vessels,
Increases
heart rate, Stimulates activity of the kidneys and adrenals.
Accelerates fetal expulsion at time of delivery. (Abortion)
Emotional stimulant. Builds sex powers by increasing sensitivity and
desire
when deficient. Stimulates the reproductive system, and menstrual
function.
*Note Sj. = is Endocrine Hormone System