



# What is energy?

by Dr. Steve Denehie

Einstein gave us a comparative of energy in his theory of  $E=MC^2$ . This upset the traditional Newtonian Physics applecart, forcing modern science to look beyond what meets the eye.

**Energy is everything there is.**

**To say it another way, everthing that is, is energy in one form or another.**

- Energies vibrate at different frequencies.
- Energy is experienced as matter when vibrating below the speed of light squared.
- Energy cannot be destroyed or used up.
- Energy will convert to other forms.
- Energy is, always has been, and will continue to be.

**You probably know more about how energy behaves than you realize.**

**If H<sub>2</sub>O is cooled**, slowing its vibration, it will change form at a certain temperature and become solid. **When H<sub>2</sub>O is heated**, its' vibration increases and is no longer solid or liquid but **becomes a vapor**, hard to see, even invisible, **but it is till H<sub>2</sub>O**. If that vapor is brought near something cold, **it will condense** into a liquid again. You can reach through the vapor, you can immerse your hand in the liquid, but you cannot penetrate the solid form of H<sub>2</sub>O which is ice. If you try you may experience pain. All of this is **due to the vibration of H<sub>2</sub>O as its' energy form is altered** by the fluctuation of temperature or manipulating it with energy.

Therefore **energy is affected by contact with other energies**. The body consists of many energies, all of which are affected by other energies as well.

This occurs with H<sub>2</sub>O, and it occurs with everything else as well. **Change the speed of vibration, you change the form of energy**. That which is of a **physical form of energy vibrates at a slower rate** than that which is of a spiritual, emotional, or thought form.

- **Skin and hair** can be seen
- **Thought** cannot be seen
- **Spoken words** can only be heard or felt but not seen unless reduced in vibrational speed to words on paper.
- **Written words** are still vibrating with the intent for which they were thought and written, they are energy and when they come in contact with other energies they have an affect on them. That is why when you read something or hear something or see something, it can have a profound affect on you.
- **Vibrations of information** connect to your vibrations causing a resonance.

**Everything that is, is vibrating, but not at the same rate.**

**Vibrational rate is an expression of the power of an energy.** The most powerful energy known, even more powerful than a nuclear explosion is **love**. Love does more than change the landscape once released, it **changes minds and hearts**. God is described as love. To say God is something other than love is to reduce the power of God.

- **Love produces thought**, a reduction in vibration but very powerful and instantaneous.
- **Thoughts produce words**, a further reduction in vibration.
- **Words are a creative energy force.**

**Light, sound, and matter only differ in their vibrational rate, or frequency.**

**Their perception differs in frequency as well.** Perception is **awareness, analysis, use, and disposition.**

- For example, you enter a room and see an object, **awareness**.
- Upon closer observation you recognize it as a chair, **analysis**.
- You sit in the chair because you know it will support your weight, **use**.
- Upon leaving the room you leave the chair where you found it for future use, **disposition**.

Everything that has occurred in this example **expresses different vibrational rates**, different energies, interacting with one another. This scenerio could be completely different if you did not know what a chair was and because of your fear of it, you destroyed it.

**A dogs' ability to hear certain sounds** in a frequency range which is higher than yours, enables them to hear what you cannot. It would be false to believe these sounds do not exist because you cannot hear what a dog does.

**Much more exists than we are aware of.**

You could think of it this way. A helicopter sits on its' pad not running **allowing you to see its props**. When the helicopter starts its' motor the props turn. As the engine increases the revolution of the prop, **they seem to disappear**. If you can't

see them **are they gone? Of course not!** This makes you reconsider the statement, **“what you see is what you get”**.

**The energies we do not see or may not even be aware of are very important.**

If they do not resonate, agree, with the dna blueprint for life, the systems of the body, the organs, the cells, will not work as designed and can lead to illness, disease, and even premature death.

**The dna blueprint for life is something every living system possesses.**

From conception, the dna blueprint may be distorted due to inherited energies from previous generations or lives passing on tendencies of specific imbalance. This is referred to as **Inherited Qi**. It is a fixed set of frequencies the life system deals with during the period of its' life and can determine the longevity of that lifeform.

With the Inherited Qi, the dna blueprint for life is constantly dealing with the energies put in the body called the **Nutrition Qi** and other energies the body is exposed to called the **Breath Qi**.

The combination of these energies or Qi determine the overall energy performance of the life system called the **True Qi**.

The **Nutrition Qi** and the **Breath Qi** can be corrected with frequency, the **Inherited Qi** can be overridden with frequency, changing the **True Qi** which is an energy performance level number.

All of this working together affects the **Life Force Number** which indicates the longevity potential.

These numbers are frequency numbers indicating if they are **antagonistic or beneficial** and what the **level of energy is on a scale of 1 to 600**.

**At 528 hertz the dna is in a repair state, returning to the original blueprint.**

These numbers can fluctuate regularly if specific good health practices are used or not.

Things of an emotional or spiritual nature such as:

- Thoughts and intents you have
- The words you speak and hear
- The relationships you have
- Unresolved conflicts
- All have a significant impact on the True Qi.